

Marie Biancuzzo's Lactation Éducation Course

Goal

To obtain the lactation education required to be eligible to sit for the IBLCE Exam and to be successful as a lactation consultant.

Objectives

- Demonstrate knowledge about established and evolving biomedical, clinical, and cognate (e.g. epidemiological and social-behavioral) sciences and the application of this knowledge to roles for promoting, protecting, and supporting breastfeeding.
- Use interpersonal and communication skills that result in effective information exchange and teaching with patients, patients' families, and professional associates.
- Contribute to care that is compassionate, appropriate, and effective in promoting, protecting and supporting the initiation and continuation of exclusive and extended breastfeeding.
- Show a commitment to carrying out professional responsibilities, adherence to ethical principles and legal mandates, and using information and technology for leadership activities.
- Develop an awareness of and responsiveness to the larger context and system of health care and the ability to effectively call on system resources to provide care that is of optimal value.

Materials Required to Complete Course

- *Counseling the Nursing Mother: A Lactation Consultant's Guide* (7th edition)
- Online Course Materials
- Online Post-tests
- Online Evaluation

Credits

This learning program is approved for 90.0 L-CERPs and 90.0 contact hours.

- Breastfeeding Outlook is approved by the California Board of Registered Nursing, provider # CEP15628.
- Breastfeeding Outlook is accredited as a long-term provider by the International Board of Lactation Consultant Examiners.

Requirements for Obtaining Credits

- Complete all required assignments in the course.
- Complete all Unit Post-tests with 100% accuracy.
- Complete the Course Evaluation.
- If the course is done in units, no credits will be awarded until all five (5) units have been completed.

Expiration

- Full Course: You will have a maximum of 18 months from the date of purchase to complete your program and earn credits.
- Units: You will have 18 months from the date of purchase of Unit 1 to purchase and complete all 5 units.

Disclaimers

The author discloses that she has no significant financial interests in any product or class of products discussed directly or indirectly in this learning program (including research support). This learning program has no commercial or non-commercial support. A detailed disclosure statement is found here <https://mariebiancuzzo.com/disclosures/>.

Communication for Lactation Consultants

Goal

Integrate active listening and empowering words and phrases into therapeutic conversations and help clients to deal with outside criticism.

Objectives

- Recognize examples of “judging” words/phrases and their impact on maternal confidence and effective conversations.
- Classify examples of the professional’s responses as agreeing, disagreeing or accepting and how those responses affect the next steps of the conversation.
- Given several sentences in the form of a command, re-write the statements in the form of a suggestion.
- Briefly describe the key to building the mother’s confidence.
- Recognize examples of mistakes in active listening.
- Integrate principles of adult education and give relevant information using suitable language.
- Discuss strategies the mother can use if friends and family criticize her.
- Recognize definitions and examples for at least 5 terms related to communication.

Materials Required to Complete Course

- Pretest
- Audiocasts
- Reading short articles
- Completing short written and electronic learning exercises
- Doing brief journaling

Credits

This learning program is approved for 5.0 L-CERPs and 5.0 contact hours.

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Requirements for Obtaining Credits

- Complete all required assignments in the course.
- Complete Post-test with 100% accuracy.
- Complete the course evaluation.

Expiration

- You will have 18 months from the date of purchase to complete your program and earn credits.

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