



# **Communication for Lactation Consultants**

## Goal

Integrate active listening and empowering words and phrases into therapeutic conversations and help clients to deal with outside criticism.

### Objectives

- Recognize examples of "judging" words/phrases and their impact on maternal confidence and effective conversations.
- Classify examples of the professional's responses as agreeing, disagreeing or accepting and how those responses affect the next steps of the conversation.
- Given several sentences in the form of a command, re-write the statements in the form of a suggestion.
- Briefly describe the key to building the mother's confidence.
- Recognize examples of mistakes in active listening.
- Integrate principles of adult education and give relevant information using suitable language.
- Discuss strategies the mother can use if friends and family criticize her.
- Recognize definitions and examples for at least 5 terms related to communication.

## **Materials Required to Complete Course**

- o Pretest
- o Audiocasts
- o Short articles
- o Short written and electronic learning exercises
- Brief journaling

## Credits

This learning program is approved for 5.0 L-CERPs and 5.0 contact hours.

- Breastfeeding Outlook is approved by the California Board of Registered Nursing, provider # CEP15628.
- Breastfeeding Outlook is accredited as a long-term provider by the International Board of Lactation Consultant Examiners.

### **Requirements for Obtaining Credits**

- Complete all required assignments in the course.
- Complete Post-test with 100% accuracy.
- Complete the course evaluation.

### Expiration

This course expires 18 months from the date of purchase. All course requirements must be completed prior to the expiration date to earn credits. Expiration dates may be extended at the discretion of MarieBiancuzzo.com.

#### Disclaimers

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